

Carrot and Seaweed Salad

By Christa Sinadinos

Combine the following ingredients:

5 grated carrots

2 celery sticks (thinly sliced)

¼ cup currents or golden raisins

2 tbs. nori flakes

1 tsp. dulse flakes

1 tbs. ginger, grated (or pickled)

Liquid ingredients:

rice vinegar

sesame oil

toasted sesame oil

tamari

A pinch or two of organic sugar

Lightly coat the ingredients with a few splashes of rice vinegar, sesame oil, toasted sesame oil, and small dash of tamari. Toss and serve.